



TIME IS VERY VALUABLE, DO YOU KNOW HOW TO SAVE IT? - May 20, 2022



Learn to simplify your routines so that you spend your time on things that are really important.

One of the greatest treasures that we human beings have is **time**. That is why they say that time is something that cannot be recovered. There are many theories about the ideal way to manage time to avoid wasting it, we share some habits and strategies that you can integrate into your daily life to optimize your time.

Prepare your day

One of the best strategies to make time last a little longer and optimize it to the maximum is to prepare your routine in detail. It is not only about programming the agenda with daily commitments, it is also important to contemplate the times that can be carried out for trips and minor procedures such as payments. Experts recommend that the day before, before going to bed, you review what you will do the next day and take the time to list the clothes you will wear, the documents you need and any key details to comply with your routine. This practice will allow you to be more efficient in each of your activities, because by preparing yourself in time, you will not forget anything and you will be ready to fulfill your routine.

Learn to delegate

One of the most difficult things for human beings is to recognize that others can do things for us. In the case of daily tasks, it is very difficult to delegate them; in some cases because we do not trust the abilities of others and in others because we are ashamed to ask for help. However, it is important to take into account the importance of knowing how to delegate functions as this will allow us to be more efficient in our work, also to be able to make better use of time and much more importantly, to be able to have spaces that can be dedicated to rest and recreation.

Use GoPass

Having technology on your side is perhaps one of the smartest ways to save time. One of those tools is **GoPass, a mobility ecosystem designed to electronically pay tolls, park in shopping malls, buy gas for your car, and many more benefits.** The advantage of having GoPass is that you won't use your time to queue and pay, but you can spend it on really important things like your work, your family and your hobbies. If you want to know more about GoPass, visit us.